



PRASAD IS HOLISTIC, SUSTAINABLE, AND LIFE-CHANGING

For more than 30 years, PRASAD has served as a beacon of hope, fueled by the compassion and generosity of our supporters, as well as the efforts of the communities we serve. As the year comes to a close, we want to express our heartfelt gratitude for your support, which has played an essential role in another successful year of delivering essential services.

This year was especially significant as we celebrated PRASAD Chikitsa's 30th anniversary, the foundational organization of our family. We also continued our efforts to bring healthy smiles to children in New York and restore sight to people in rural Mexico.



THE POWER OF UNITY: 190 WOMEN WORKING TOGETHER

In the Tansa Valley, many villagers face the challenges of poverty and struggle to survive. PRASAD Chikitsa plays a pivotal role in providing training and empowerment to tribal women through Self-Help Groups (SHGs). Participants learn the importance of savings and the value of unity.

Through ongoing support, these efforts have fostered a lasting partnership between PRASAD and these women that ripples, significantly improving the lives of families and communities. Currently there are 2,986 women participating in 265 SHGs and growing.

In an inspiring story of unity and hard work, 190 women representing 17 Self-Help Groups came together to support the community and each other. During the celebration of Saint Gajanan Maharaj, the organizers asked SHG members to prepare Sorghum Bhakari (bread) to offer as *prasad*- blessed food - to celebration participants.

With 550 kilograms of flour provided by PRASAD Chikitsa, the women worked diligently throughout the night, producing an impressive 17,988 Bhakar! Their hard work earned the women \$1,100 USD in just one night, creating immense joy for all involved. This successful event has become an annual project for the women.

One SHG member shared her gratitude, saying, "*PRASAD Chikitsa helped us to develop savings habits and to strive for social and economic progress. We are very grateful for this.*"



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PRASAD PROGRAM HIGHLIGHTS JANUARY TO OCTOBER

PRASAD Chikitsa continues to deliver healthcare and community development services. Below are examples of programs that have either maintained strong performance or expanded their services since 2023. Our objective is to further increase the number of services by 2025.

- The Healthcare Center has consistently delivered around 29,000 medical visits, while the Eye Clinic successfully performed 437 cataract surgeries.
- The Nutrition Program has expanded significantly, nearly doubling the number of nutritional servings from 44,000 to 81,000, benefiting malnourished infants and pregnant mothers.
- PRASAD has boosted the number of fruit and bamboo saplings from 22,600 to 91,500, contributing to food security and environmental restoration. Additionally, the number of floriculture saplings increased from 11,600 to 15,300.



At PRASAD Children's Dental Health Program, we are committed to enhancing children's dental health through comprehensive dental services. We increased the number of dental visits from 730 to 1,060 and delivered oral health education and dental care to over 3,000

children. We aim to expand these services even further next year.

"I was often bullied because of cavities in my two front teeth. Ever since the doctor at PRASAD fixed my front teeth, I smile a lot!"
- Mackenzie.



At PRASAD de Mexico, our committed volunteer team has successfully organized three eye camps, providing free eye surgery to 740 children and adults—70 more patients than last year. An additional eye camp is planned for this year.

"The kids used to make fun of me, but now I am really happy because I can do so much more."
—Zoe, after receiving eye surgery to correct her crossed eyes.

SUPPORT PRASAD'S VITAL WORK

As our programs have evolved, our commitment to service has remained unwavering. At the core of our work is a partnership that goes beyond simply providing resources. With your support, those who benefit from our services actively participate in their transformational journeys, making meaningful contributions along the way.

To donate, please visit www.prasad.org/donate. We encourage you to support us today and consider becoming a PRASAD Partner (monthly donor) to help ensure the continued growth and well-being of our communities.

Together, we can build a better world for everyone!

Sincerely,

The PRASAD Board of Trustees
Dr. Vivek Panchapakesan, Co-Chair
Jyotika Patel, Treasurer
Harriette Cole, Secretary
Deborah Royce

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Dr. M. Cecilia Escarra

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